

KINESTHETIC ART CONNECTIONS

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Join my email list for [Your Weekly Art Break](#)—a weekly email including an artwork of the week, alerts to new content on Art Class Curator, and fun art finds from across the internet.

Why should you use your body to interpret art?

1. Aids in Art Interpretation
2. Teaches Art History
3. Facilitates Personal Connections
4. Connects with Art Processes and Artists
5. Gives Opportunities to Be Creative

More Kinesthetic Activities to Do with Art

1. Put yourself into the pose of the characters in the painting and discuss how it feels.
2. Make a *tableaux vivant* (a living picture).
3. Play charades.
4. Have a conversation about the artwork through only pantomime (only gestures with no words!).
5. Create a dance inspired by the artwork (this one is especially fun with abstract art!).
6. Trace the lines in an artwork with your finger in the air.
7. Get up and look at the artwork from far away, up close, down below, and from the side and notice how the artwork changes depending on where you look at it from.
8. Make the shapes in the artwork using your bodies, and work with others to make the shapes you can't.

9. Play mirror. Have one student have their back to the artwork and one student facing the art and the other student. Have the student who can see the artwork do movements from the art, and have the one with their back to the work mirror the moving student.

Related Resources on Art Class Curator

- [What do Kids Learn from Looking at Art?](#)
- [Looking at Art with Kids: Why and How?](#)
- [Artworks that Make You Move](#)
- [82 Questions to Ask About Art](#)
- [Online Training: How to Talk About Art with Kids](#)
- [Online Training: Inventive Activities to Interpret Art](#)

Use the discount code EDCLOSET to get 20% off your purchase of the online trainings listed above!