

NAME: _____

STUDENT DOODLE WORKBOOK

HABITS OF MIND

from *Learning and Leading with Habits of Mind: 16 Essential Characteristics for Success*
by Arthur L. Costa and Bena Kallick

Habit 1:

PERSISTING

Thinking Question:

Give an example of this habit in words:

Doodle this habit:

How will this habit help me?

Habit 2:
Managing Impulsivity

Thinking Question:

Give an example of this habit in words:



Doodle this habit:



**Habit 3:
Listening with
Understanding
and Empathy**

Thinking Question:

Give an example of
this habit in words:



Doodle this habit:



Habit 4:
Thinking Flexibly

Thinking Question:

Give an example of this habit in words:



Doodle this habit:



**Habit 5:
Thinking About Thinking
(Metacognition)**

Thinking Question:

Give an example of
this habit in words:



Doodle this habit:



Habit 6:
Striving for Accuracy

Thinking Question:

Give an example of this habit in words:



Doodle this habit:



Habit 7:
**Questioning &
Posing Problems**

Thinking Question:

Give an example of
this habit in words:



Doodle this habit:



Habit 8:
Applying Past Knowledge to New Situations

Thinking Question:

Give an example of this habit in words:



Doodle this habit:



**Habit 9:
Thinking and
Communicating with
Clarity & Precision**

Thinking Question:

Give an example of
this habit in words:



Doodle this habit:



Habit 10:
Gathering Data
Through All Senses

Thinking Question:

Give an example of
this habit in words:



Doodle this habit:



**Habit 11:
Creating,
Imagining,
Innovating**

Thinking Question:

Give an example of
this habit in words:



Doodle this habit:



Habit 12:
Responding with
Wonderment and
Awe

Thinking Question:

Give an example of
this habit in words:



Doodle this habit:



Habit 13: Taking Responsible Risks

Thinking Question:

Give an example of
this habit in words:



Doodle this habit:



Habit 14:

Finding Humor

Thinking Question:

Give an example of
this habit in words:



Doodle this habit:

How will this habit help me?

Habit 15:
Thinking Interdependently

Thinking Question:

Give an example of this habit in words:



Doodle this habit:



Habit 16:
**Remaining Open to
Continuous Learning**

Thinking Question:

Give an example of
this habit in words:



Doodle this habit:



Reflections

Thinking Question:

Give an example of
this habit in words:



Doodle this habit:



REFLECTIONS:

Use this space to write, sketch, and set goals for yourself based on the Habits of Mind.

Which habits are my strengths?

Which habits are my biggest challenges?

Pick ONE habit that you plan to improve upon. What is one thing you will do to grow in this habit?