STUDENT DOODLE WORKBOOK

HABITS OF MIND

from Learning and Leading with Habits of Mind: 16 Essential Characteristics for Success
by Arthur L. Costa and Bena Kallick
Habit 1: PERSISTING

Give an example of this habit in words:

Doodle this habit:

Thinking Question:

How will this habit help me?
Habit 2: Managing Impulsivity

Give an example of this habit in words:

Doodle this habit:

Thinking Question:

How will this habit help me?
Habit 3: Listening with Understanding and Empathy

Give an example of this habit in words:

Doodle this habit:

Thinking Question:

How will this habit help me?
Habit 4: Thinking Flexibly

Give an example of this habit in words:

Doodle this habit:

Thinking Question:

How will this habit help me?
Habit 5: Thinking About Thinking (Metacognition)

Give an example of this habit in words:

Doodle this habit:

Thinking Question:

How will this habit help me?
Habit 6: Striving for Accuracy

Give an example of this habit in words:

Doodle this habit:

Thinking Question:

How will this habit help me?
Habit 7: Questioning & Posing Problems

Give an example of this habit in words:

Doodle this habit:

Thinking Question:

How will this habit help me?
Habit 8: Applying Past Knowledge to New Situations

Thinking Question:

Give an example of this habit in words:

Doodle this habit:

How will this habit help me?
Habit 9: Thinking and Communicating with Clarity & Precision

Give an example of this habit in words:

Doodle this habit:

Thinking Question:

How will this habit help me?
Habit 10: Gathering Data Through All Senses

Give an example of this habit in words:

Doodle this habit:

Thinking Question: How will this habit help me?
Habit 11: Creating, Imagining, Innovating

Give an example of this habit in words:

Doodle this habit:

Thinking Question:

How will this habit help me?
Habit 12: Responding with Wonderment and Awe

Give an example of this habit in words:

Doodle this habit:

Thinking Question:

How will this habit help me?
Habit 13: Taking Responsible Risks

Give an example of this habit in words:

Doodle this habit:

Thinking Question:

How will this habit help me?
Habit 14: Finding Humor

Give an example of this habit in words:

Doodle this habit:

Thinking Question:

How will this habit help me?
Think about this habit in words:

Doodle this habit:
Habit 16: Remaining Open to Continuous Learning

Give an example of this habit in words:

Doodle this habit:

Thinking Question:

How will this habit help me?
Reflections

Thinking Question:

Give an example of this habit in words:

Doodle this habit:

How will this habit help me?
REFLECTIONS:
Use this space to write, sketch, and set goals for yourself based on the Habits of Mind.

Which habits are my strengths?

Which habits are my biggest challenges?

Pick ONE habit that you plan to improve upon. What is one thing you will do to grow in this habit?