RENEE SCHUMACHER

Brain Break: From Parabolic Curves to Mandalas



THE INSTITUTE FOR ARTS INTEGRATION AND STEAM

www.artsintegration.com

Draw a circle approximately 6 inches in diameter. Divide the circle in half 16 times to create 32 sections. Mark the half points with little tick marks alongthe outside of the circle. Label '0-31'

(This model shows the dividing lines in the center for reference)







To create a series of three overlapping parabolic curve line sets, follow these patterns

SERIES ONE

Starting on 0, connect a line every 5 numbers.

0 to 5, 5 to 10, 10 to 15, 15 to 20, 20 to 25, 25 to 30, 30 to 3, 3 to 8, etc. until you end on 0 again.

SERIES TWO

Starting on 0 again, connect a line every 11 numbers.

0 to 11, 11 to 22, 22 to 1, 1 to 12, 12 to 23, 23 to 2, 2 to 13, etc. until you end on 0 again.

SERIES THREE

Starting on 0, connect a line every 15 numbers.

0 to 15, 15 to 30, 30 to 13, 13 to 28, 28 to 11, 11 to 26, 26 to 9, 9 to 24, etc. until you end on 0 again.

