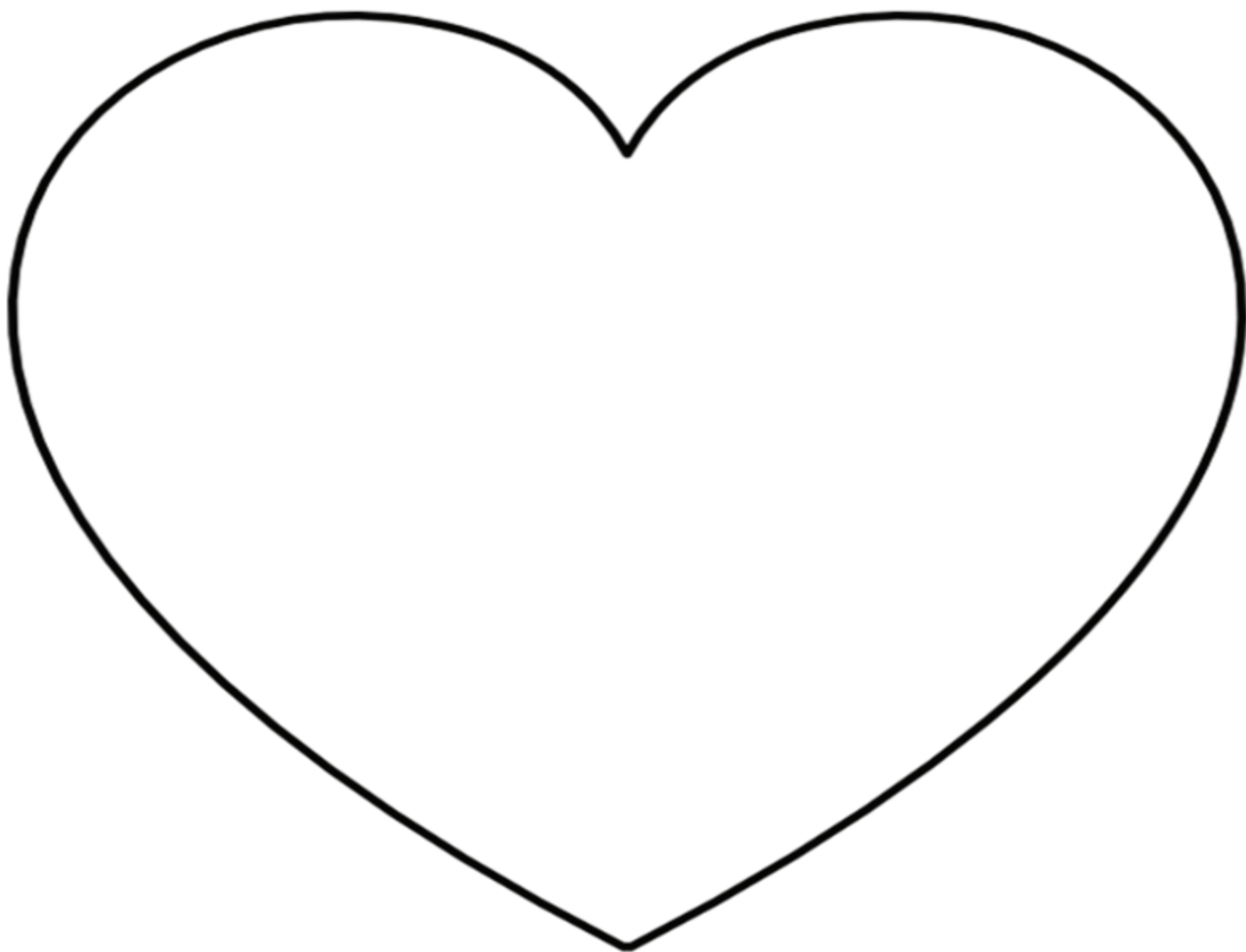


PANDEMIC HEART MAP TEMPLATE



OUTER SHELL

**What is immediately
"obvious" about you?**

You might consider
including your:

Skin/hair/eye color

Gender identity

Clothing choices

The way you immediately
present to others
(Cheerful? Reserved?)

INNER SWIRLS

**What is NOT immediately
"obvious" about you?**

You might consider
including your:

Idiosyncrasies, insecurities,
hopes, worries, wonderings

Important life events

Longings or wishes

Culture, ethnicity,
religion or belief system

Interests and hobbies;
what you really love

Things you're great at

Learning style or
learning variation

